



**FLAG FOOTBALL**  
6V6 PLAYBOOK

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## THANK YOU ESPN

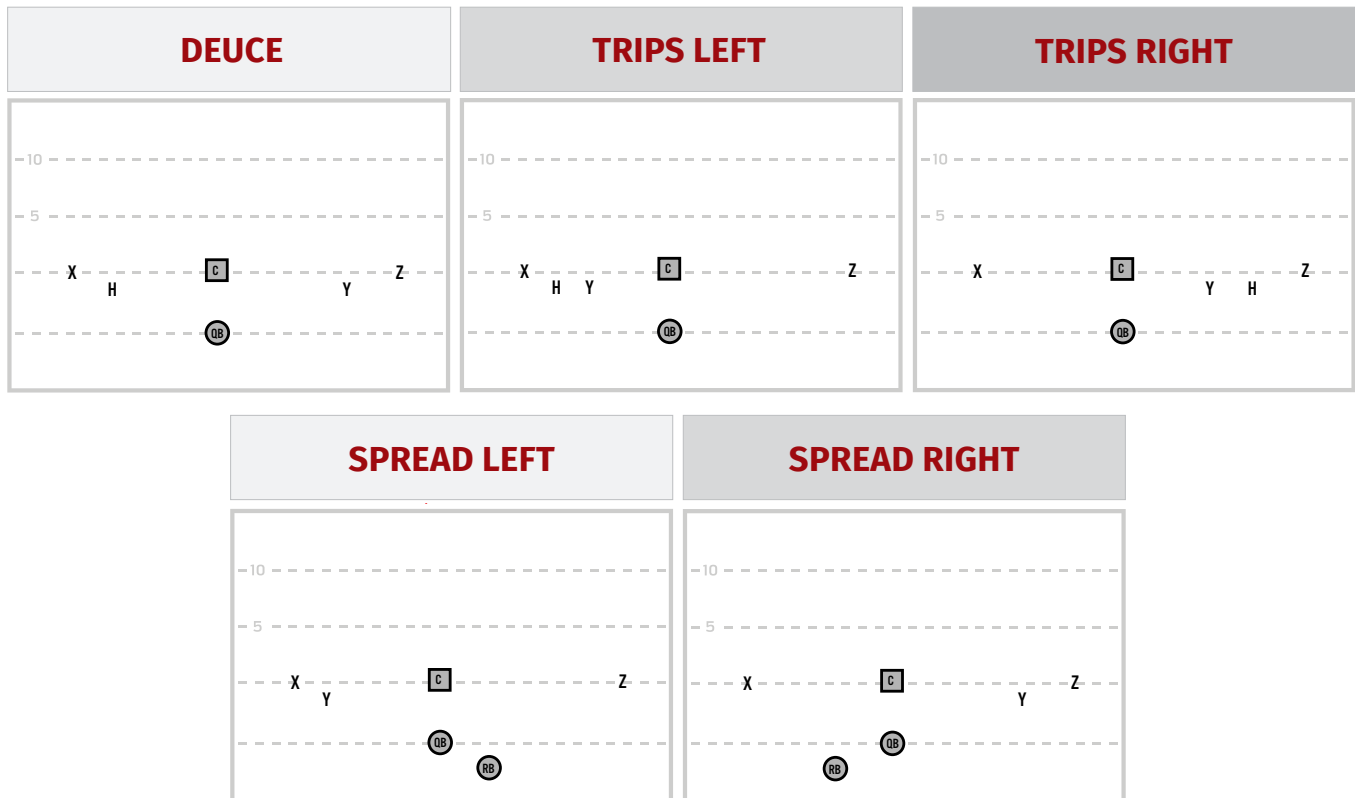
USA Football sincerely appreciates ESPN for the support of its Football Development Model

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## Introduction to Formations

All offensive plays start from a formation that dictates where all six players line up prior to the start of the play. Our flag football playbooks focus on six formations – deuce, deuce jet series, trips right, trips left, spread right and spread left. There are always adjustments and changes a coach can make to these plays (including sending a player in motion); however, it is important when coaching young players that you focus more on basic fundamentals of the game and less on complicated formations and motions. Teams that do just a few things very well will be more successful than teams that do many things less than well.



Note: Like play names, formations can be adjusted to fit your needs. For example, “Strong Left Twins Right” can refer to a formation in which two receivers are lined up to the right of center with the running back to the left of the quarterback.

## PLAY-CALLING

When calling an offensive play in the huddle, give the formation first, then the play. Example: “Split Back Right End Around” would refer to a Split Back Right formation and the End Around play.

Note: Play names included in this playbook are suggestions. Feel free to adapt the play names to fit your needs and the mental capacity of your players. USA Football recommends picking a few plays that your team can run well rather than implementing the entire playbook.

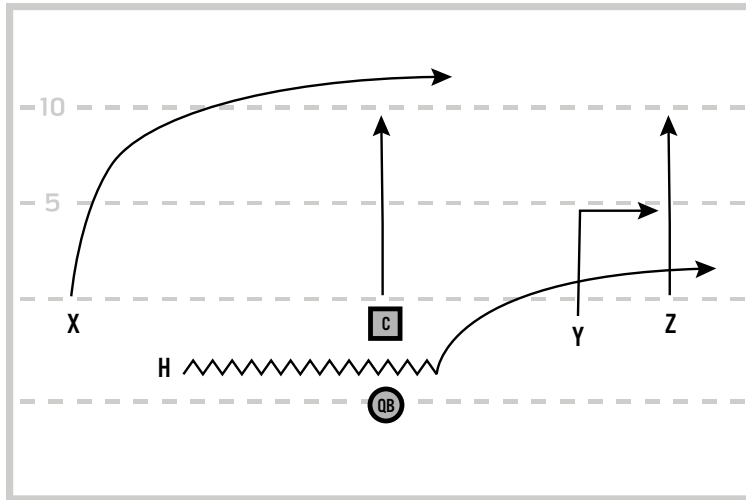
Ⓠ = Quarter Back	— = Athlete’s Intended Movement
Ⓢ = Center	∧∨ = Player in Motion
Ⓡ = Running Back	X, H, Y & Z = Receivers

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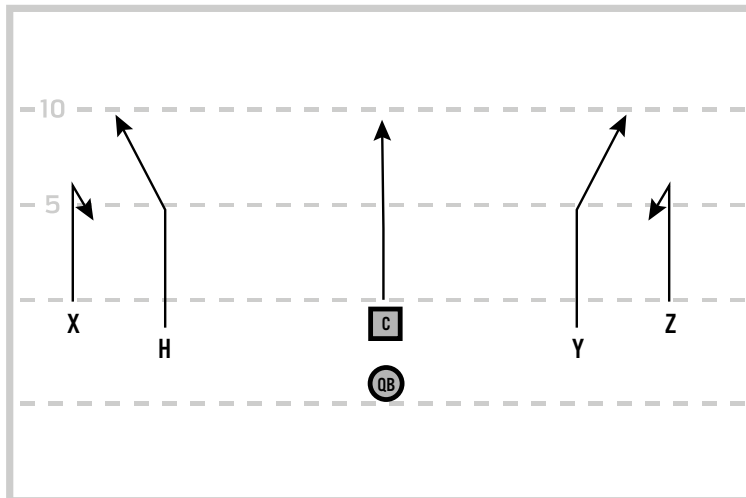
**Deuce**

Two receivers are to the right of the center, one being on the line of scrimmage the other off; two receivers to the left of the center in the same alignment as the receivers to the right.

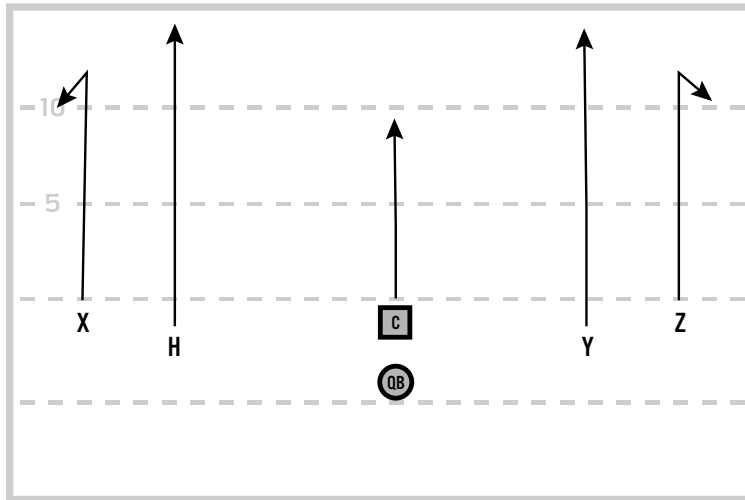
**i. Flood Right**



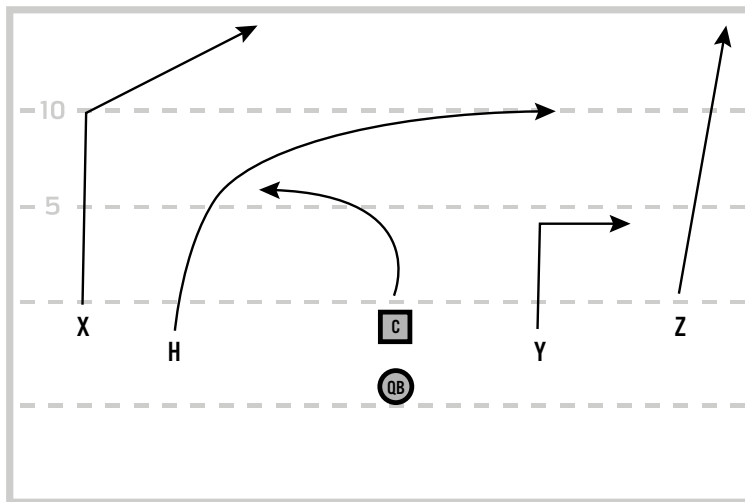
**ii. Smash**



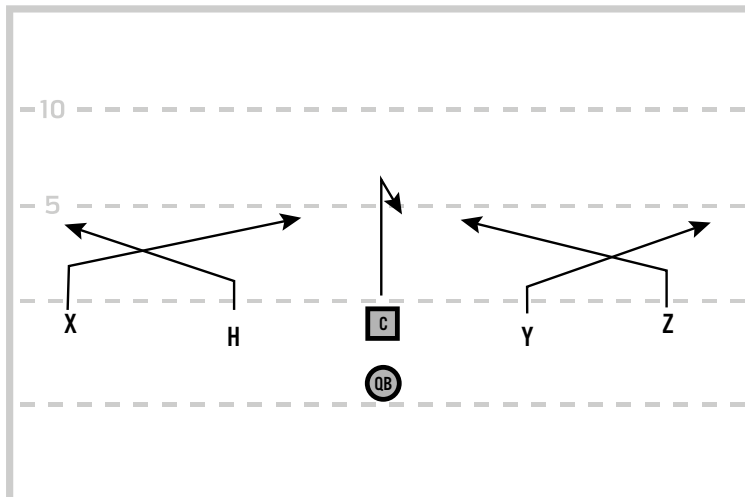
iii. Comeback Vertical



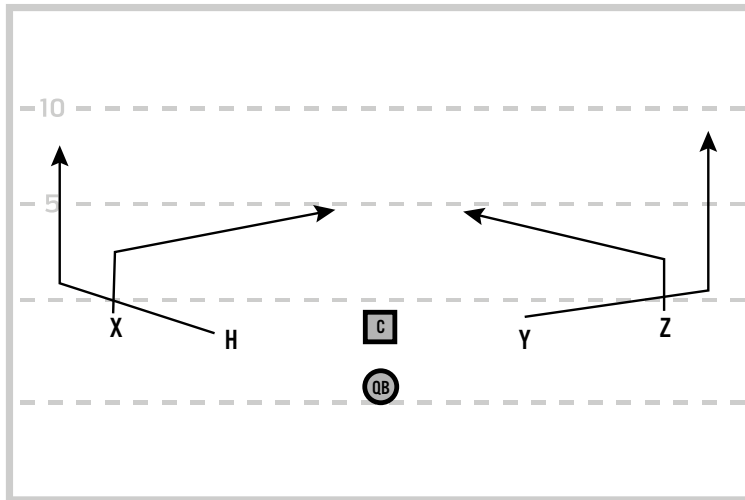
iv. Waggle w/ Center Release Left



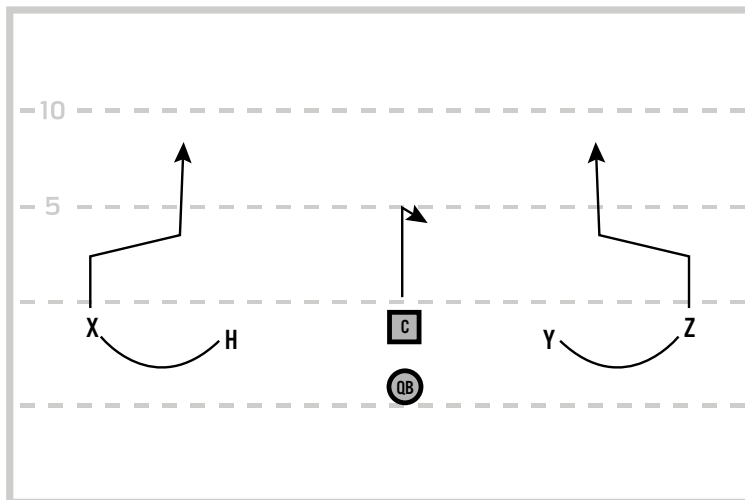
v. Slant Arrow



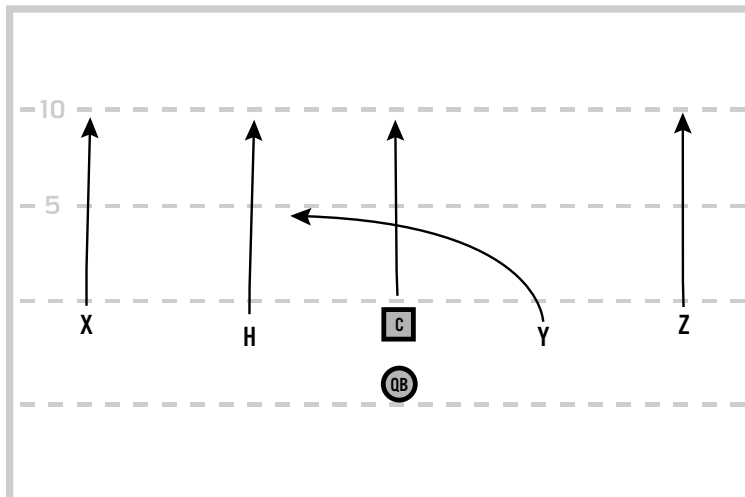
vi. Slant Wheel



vii. Slo-go bubble



viii. Vertical w/ Y drag



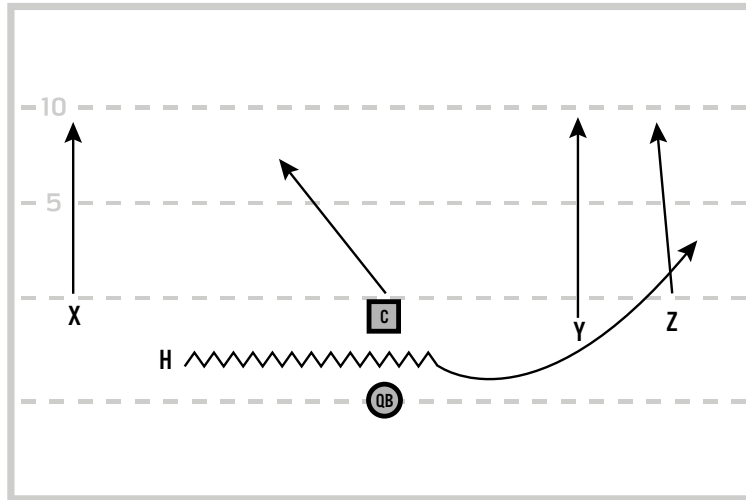


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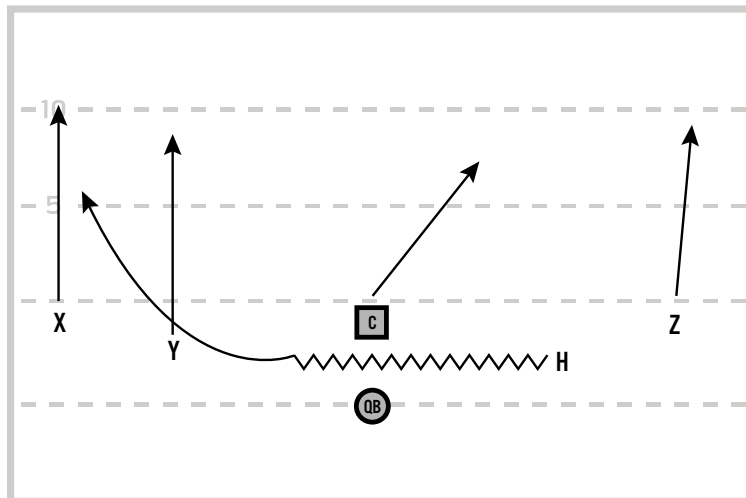
## Deuce Jet Series

Two receivers are to the right of the center, one being on the line of scrimmage the other off; two receivers to the left of the center in the same alignment as the receivers to the right.

### i. Jet Sweep Right

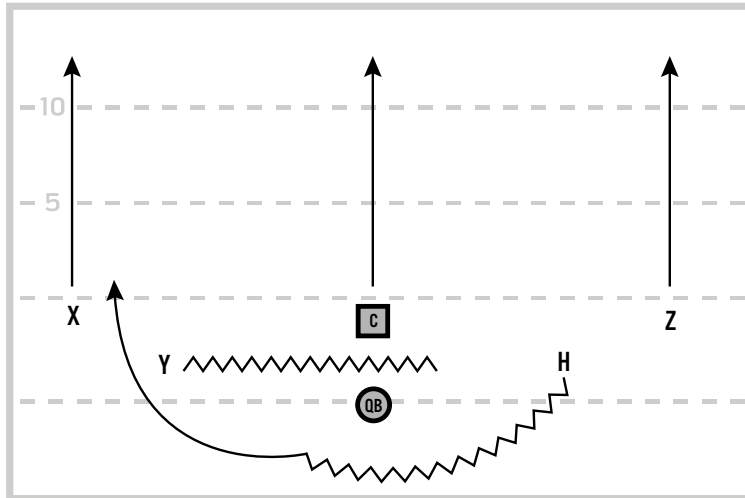


### ii. Jet Sweep Left

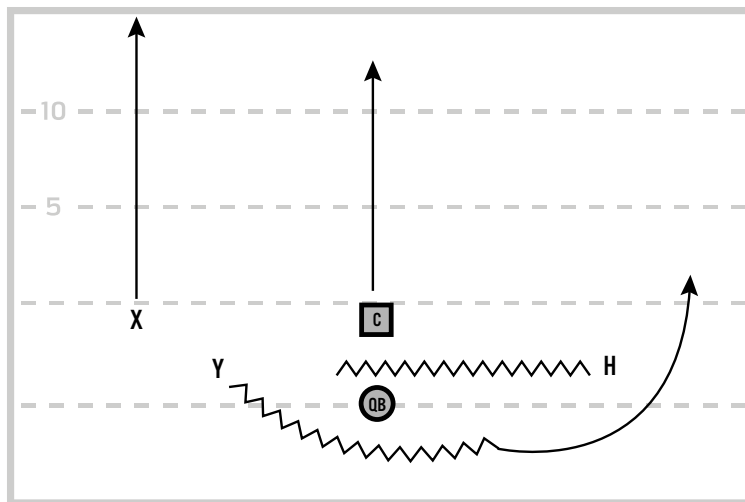


**Deuce Jet Series**  
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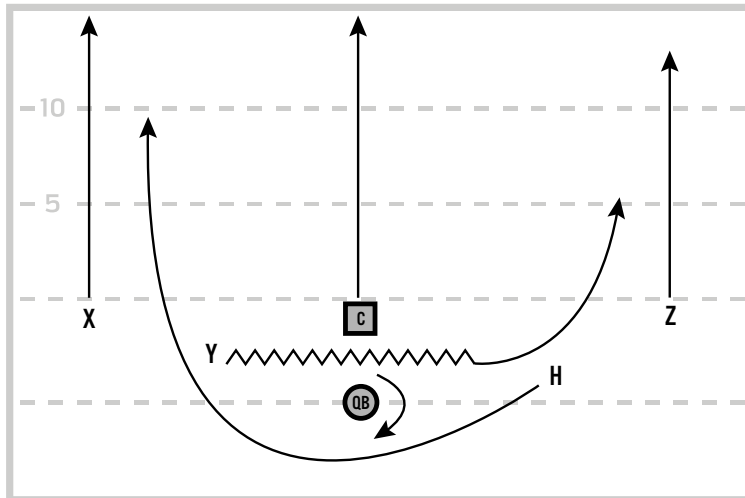
**iii. Reverse Left**



**iv. Reverse Right**

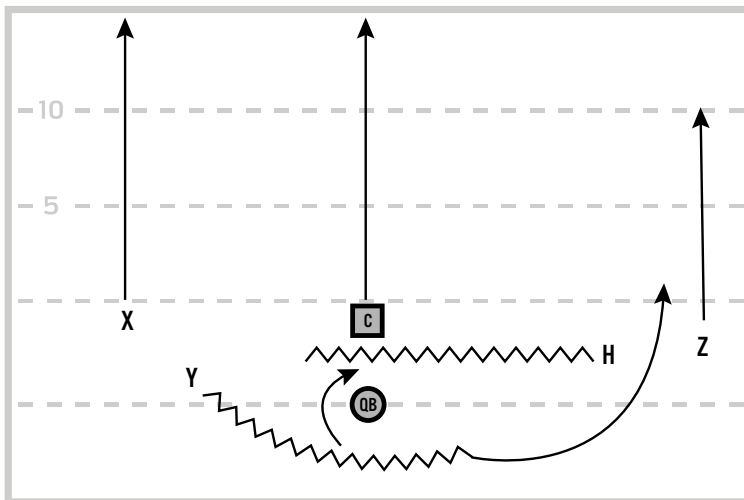


**v. Fake Jet H Sweep Left**

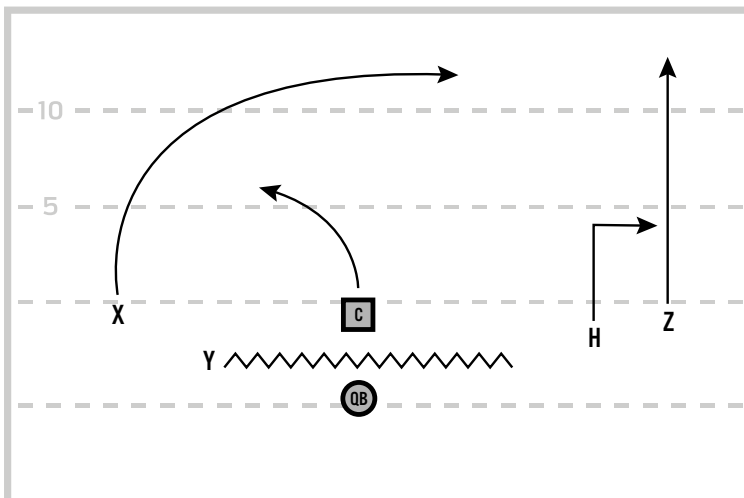


**Deuce Jet Series**  
(continued)

**vi. Fake Jet Y Sweep Right**



**vii. Fake Jet X Cross**

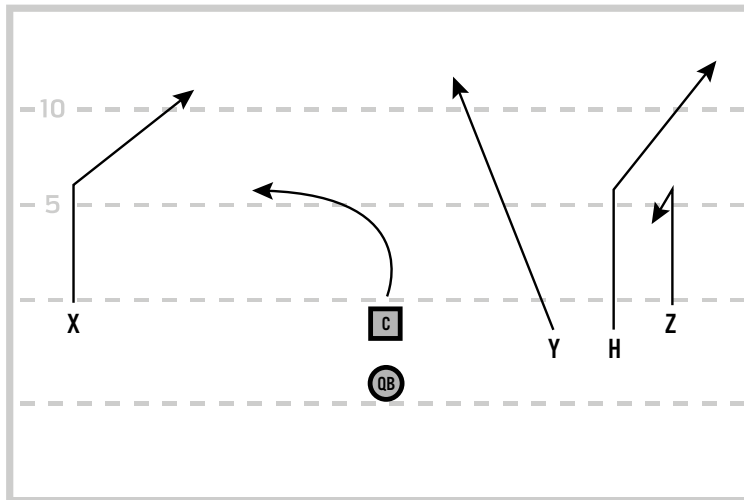


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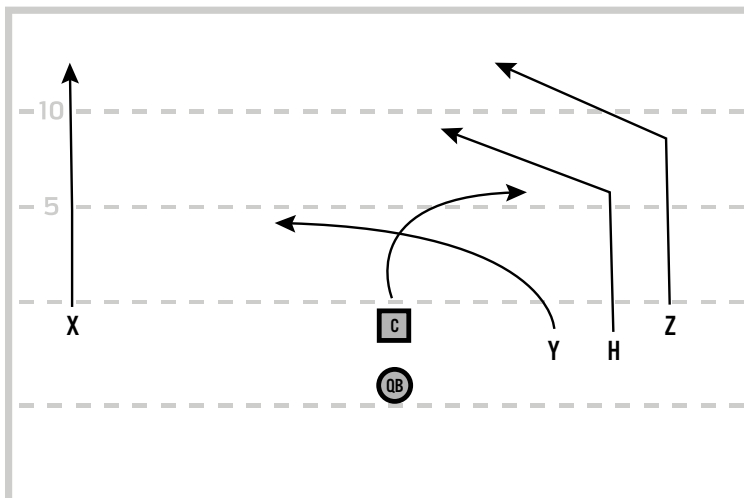
## Trips Right

One receiver is to the left of the center on the line of scrimmage; the other three receivers are to the right of the center with one receiver on the line of scrimmage and the other two off.

### i. Smash Seam

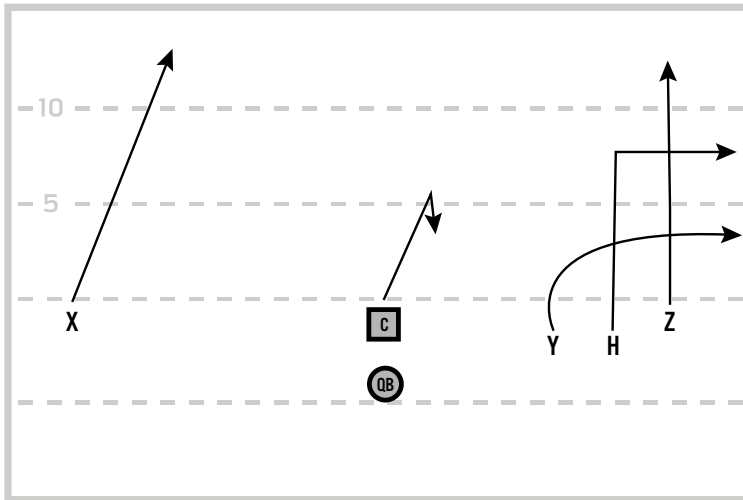


### ii. Waggle w/ Center Release Right

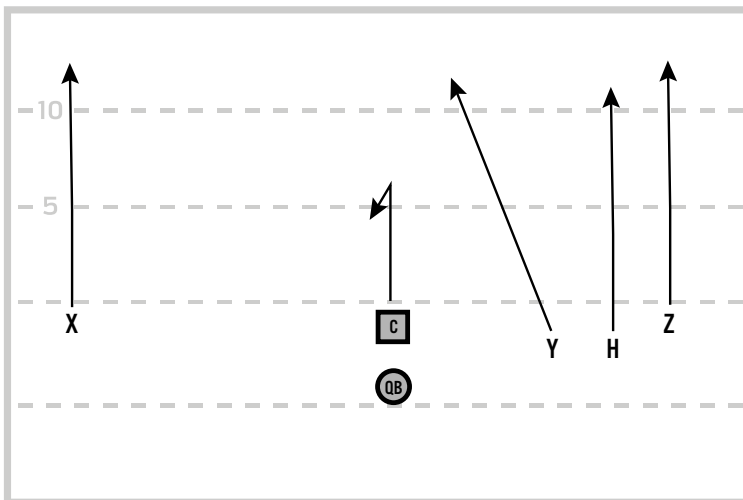


**Trips Right**  
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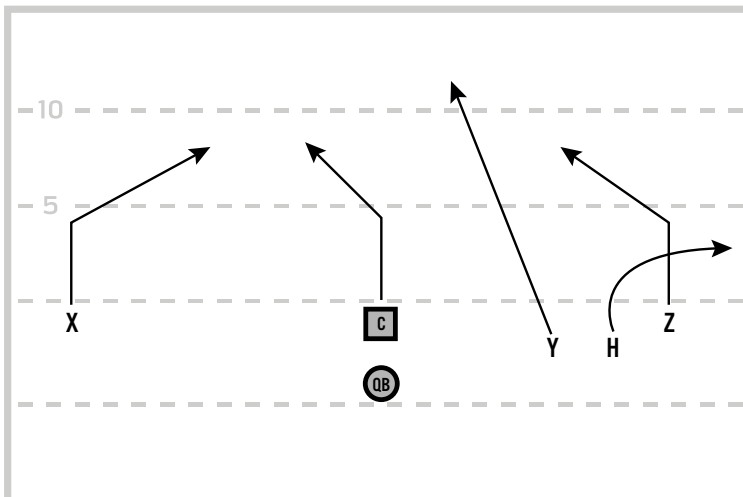
**iii. Flood**



**iv. Verticals**

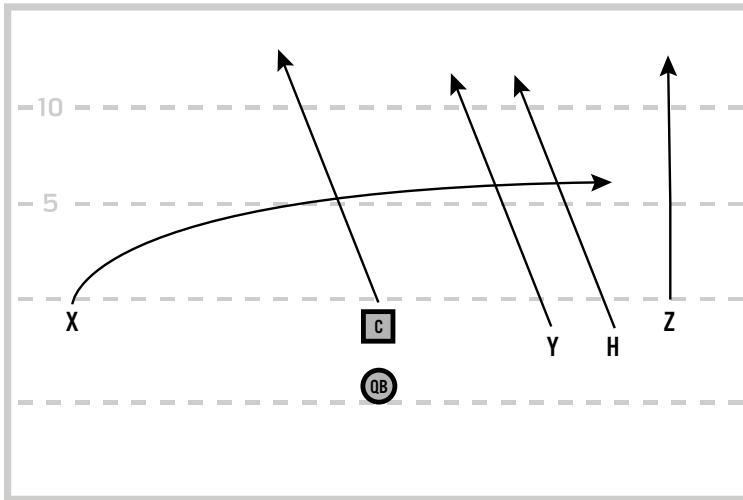


**v. Slant Arrow Seam**

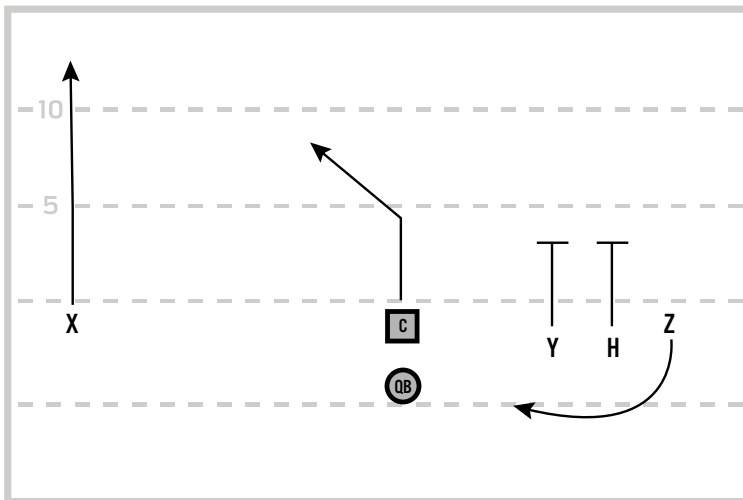


**Trips Right**  
(continued)

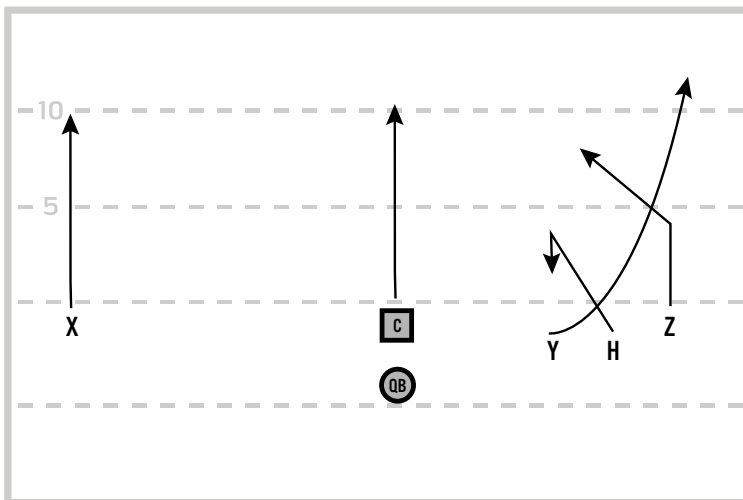
**vi. X Drag**



**vii. Bubble Screen**



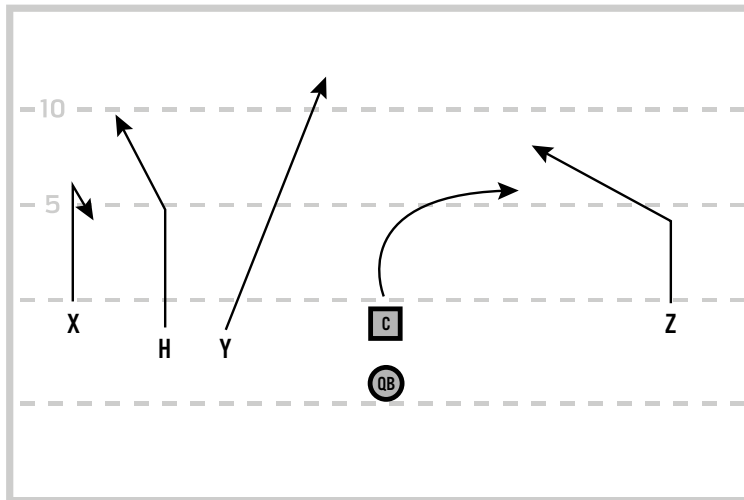
**viii. Y Wheel**



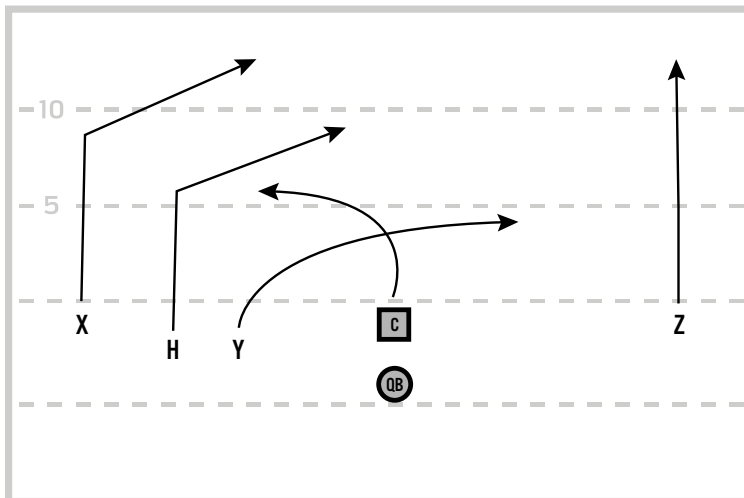
## Trips Left

Three receivers to the left of the center with one of the receivers on the line of scrimmage and two off; one receiver to the right of the center on the line of scrimmage.

### i. Smash Seam

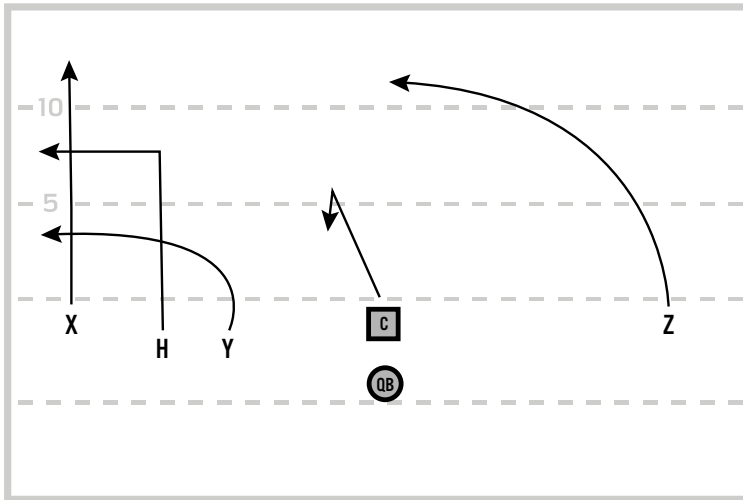


### ii. Waggle w/ Center Release Left

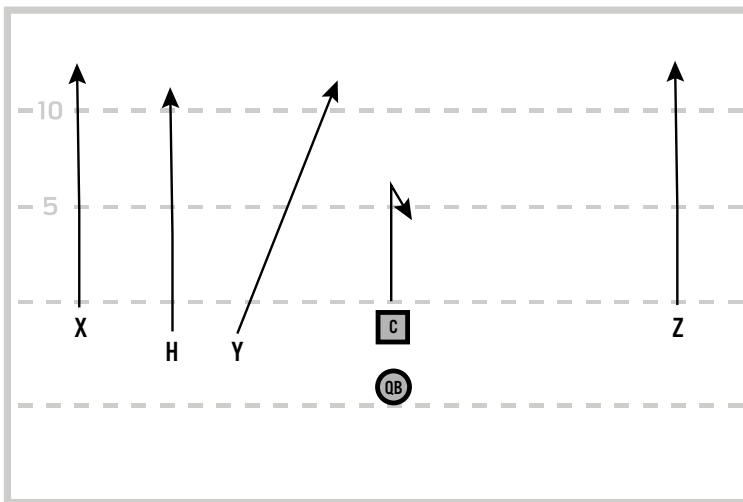


**Trips Left**  
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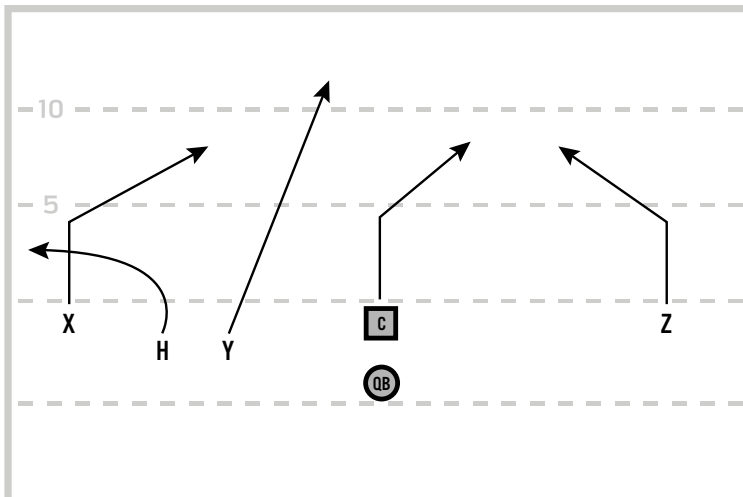
**iii. Flood**



**iv. Verticals**



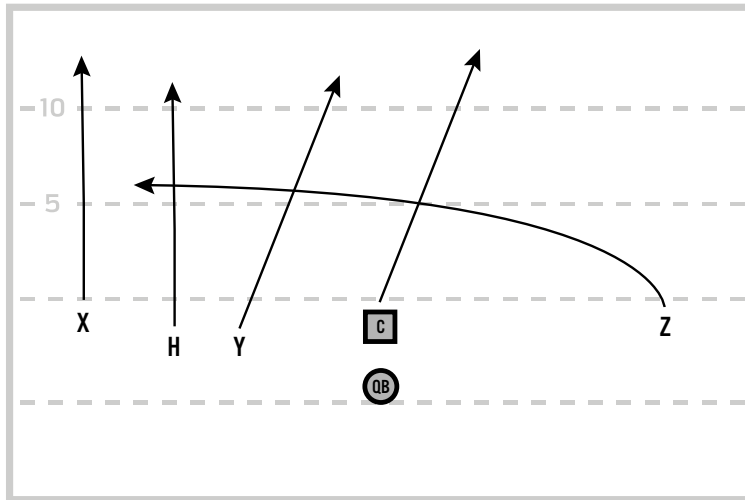
**v. Slant Arrow Seam**



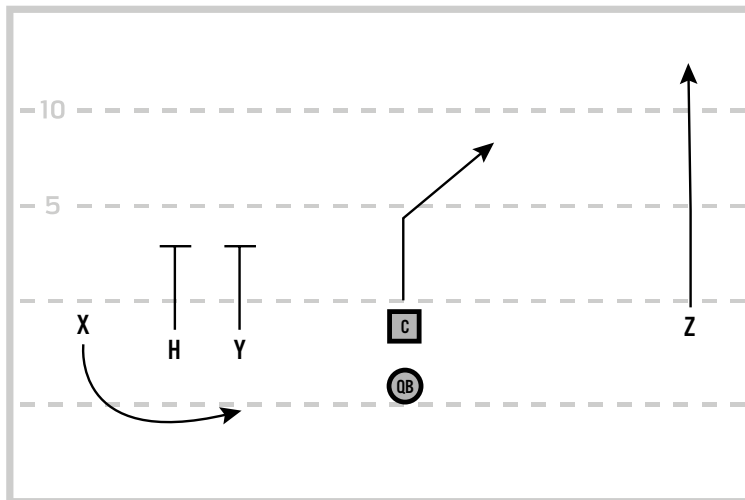


**Trips Left**  
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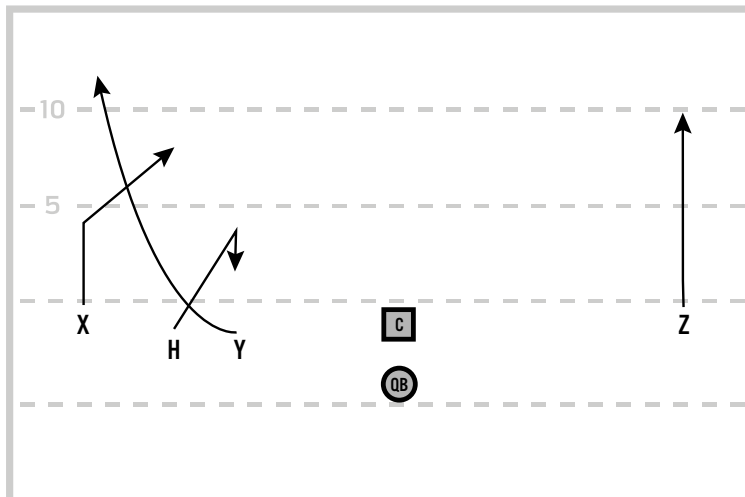
**vi. Z Drag**



**vii. Bubble Screen**



**viii. Y Wheel**

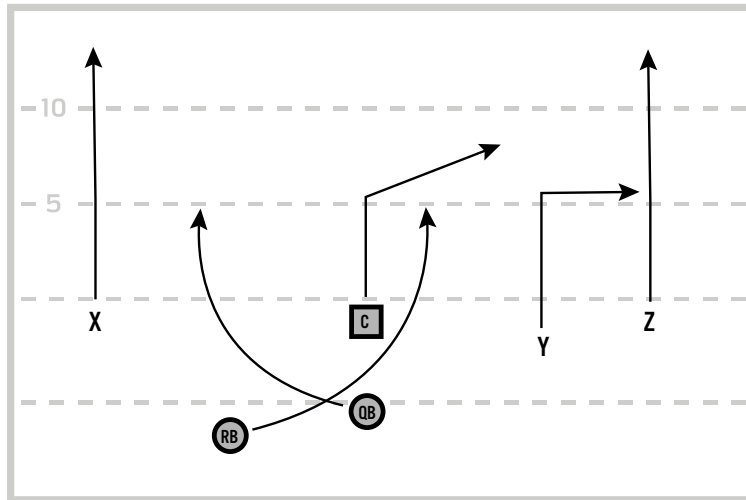


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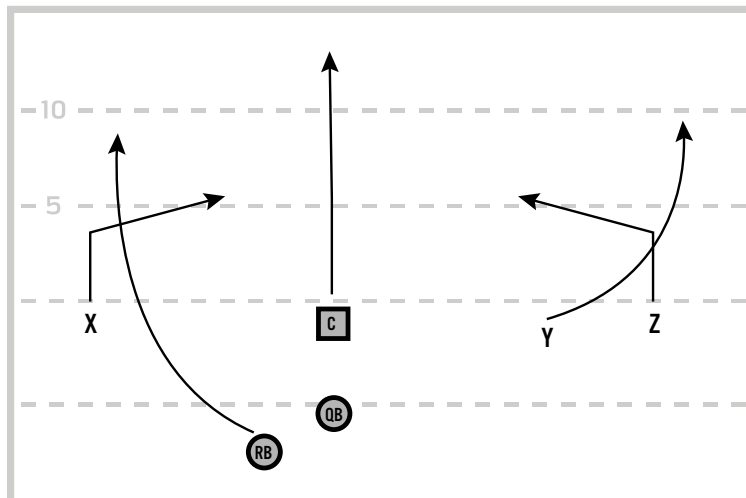
## Spread Right

One receiver to the left of the center, on the line of scrimmage. Two receivers to the right of the center, one on the line of scrimmage and one off. The running back lines up to the left of the quarterback.

### i. Read Option Left

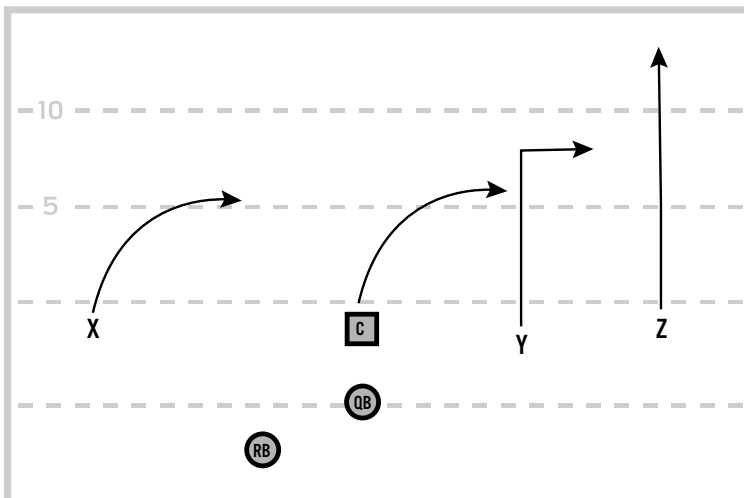


### ii. Slant Wheel

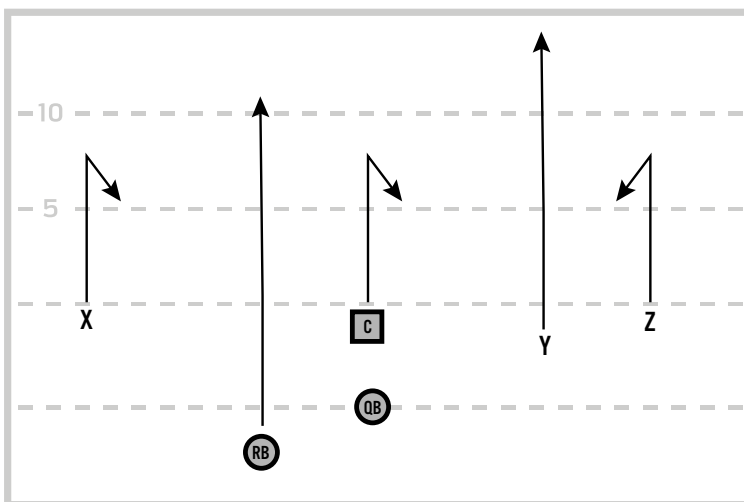


**Spread Right**  
(continued)

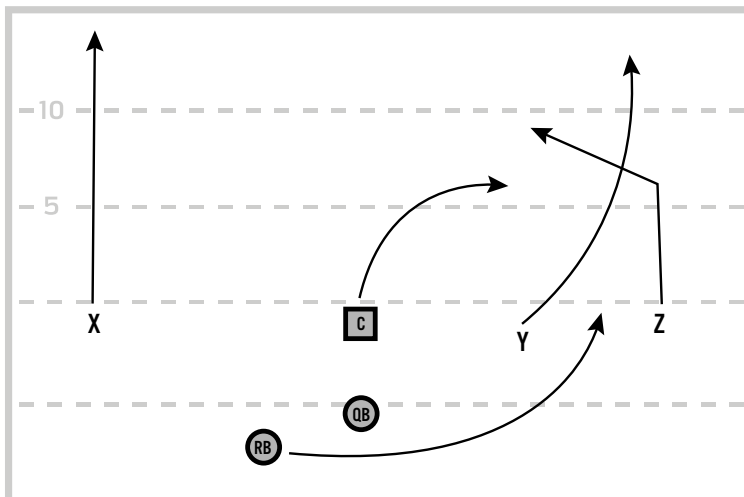
**iii. Flood**



**iv. Hitch Vertical**

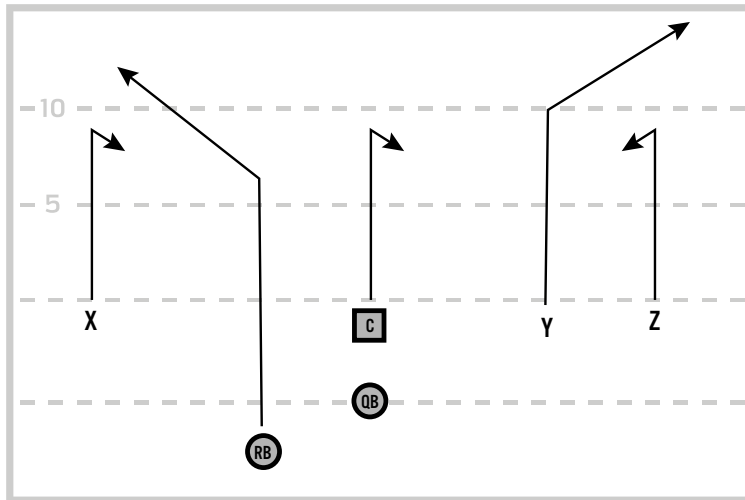


**v. Slant Under**

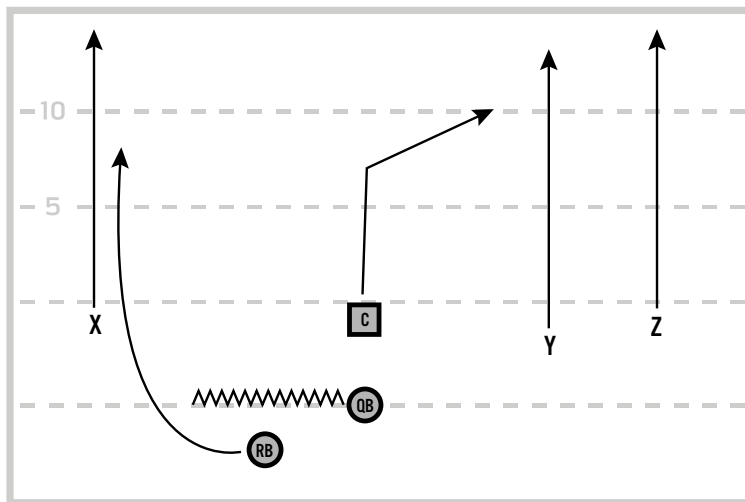


**Spread Right**  
(continued)

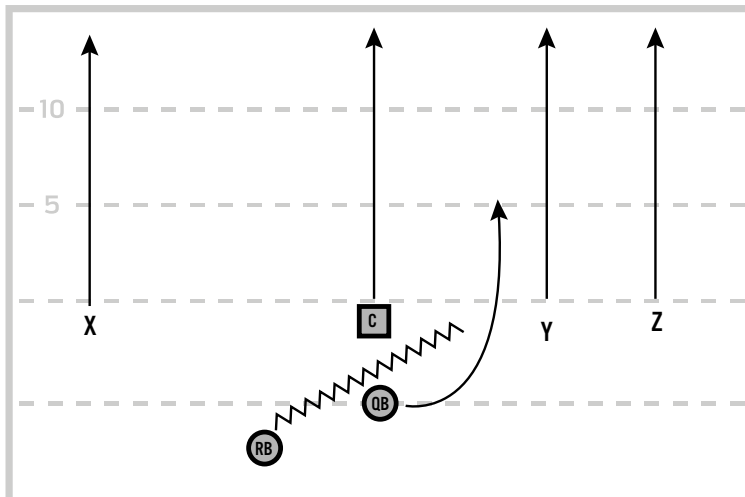
**vi. Corners**



**vii. Pitch Left**



**viii. Handoff Right**

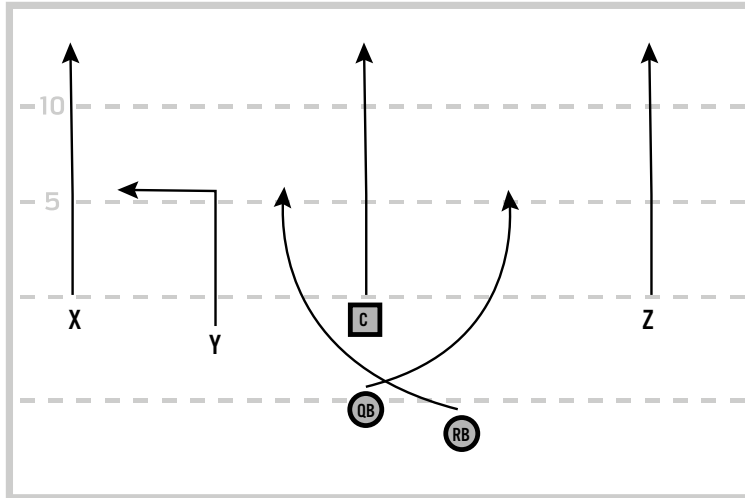


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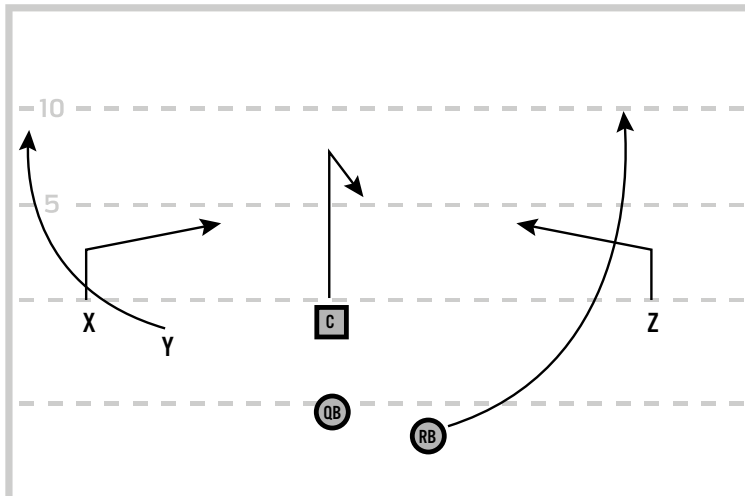
## Spread Left

Two receivers are to the left of the center, one on the line of scrimmage and one off. One receiver to the right of the center on the line of scrimmage. The running back lines up to the right of the quarterback.

### i. Read Option Right

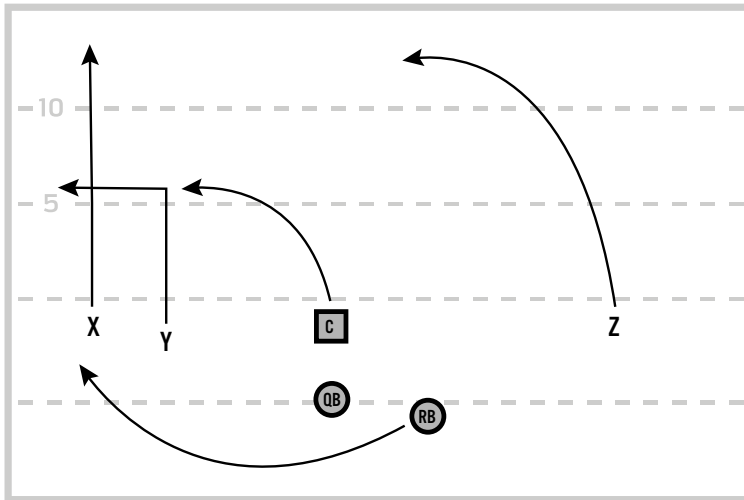


### ii. Slant Wheel

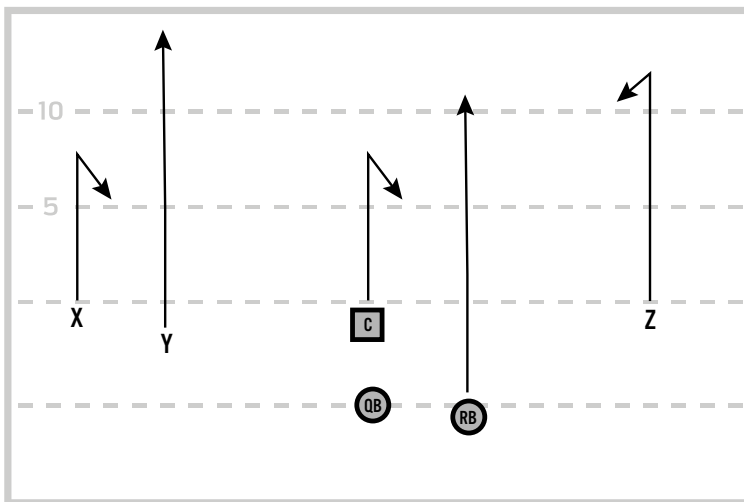


**Spread Left**  
(continued)

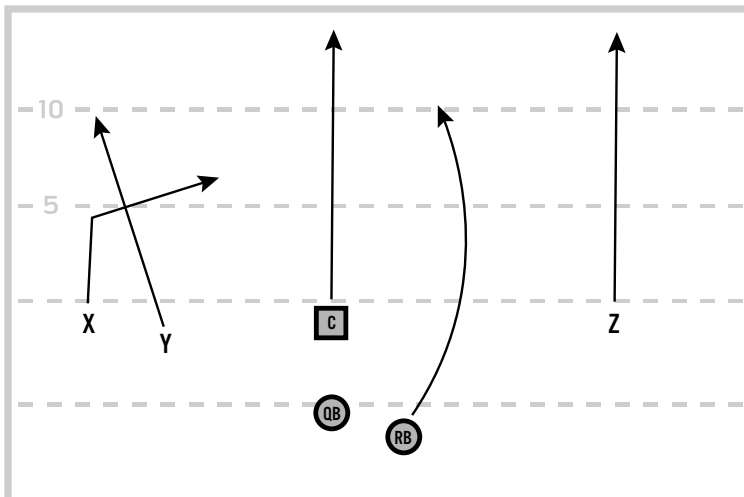
**iii. Flood**



**iv. Curl Verticals**

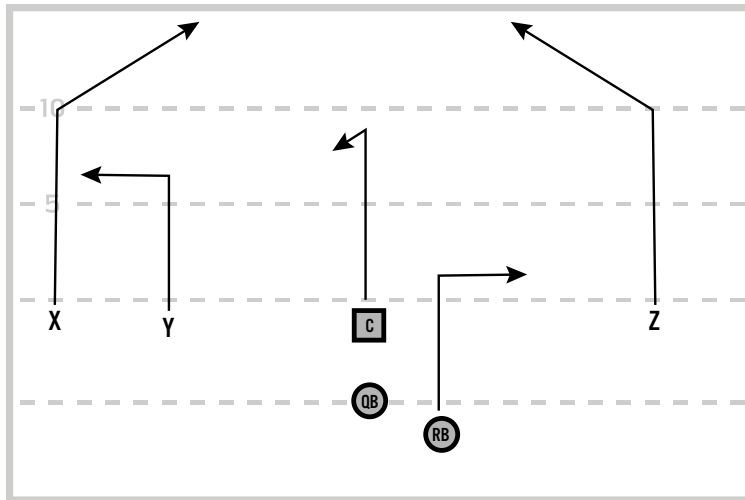


**v. Slant Under**

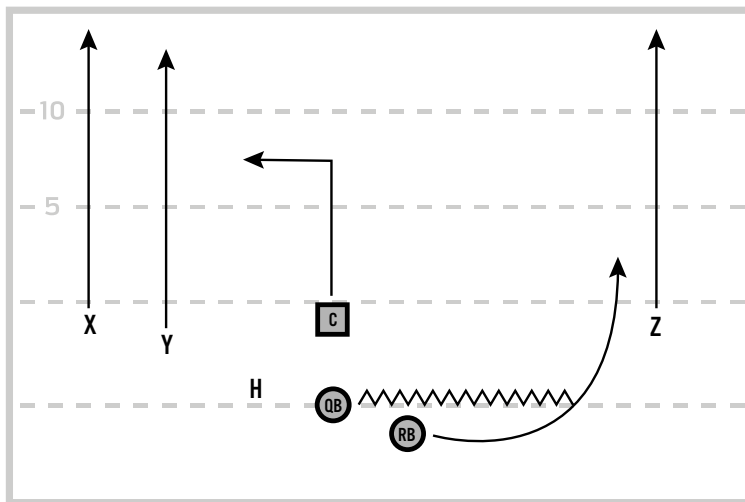


**Spread Left**  
(continued)

**vi. Post Out**



**vii. Pitch Right**



**viii. Handoff Left**

